

The Rise of Telehealth in Healthcare

Global Pandemic Leads to Changes in Telehealth Rules

Telehealth has been long touted as a way to deliver medical care to people in underserved areas and to deal more efficiently with issues ranging from minor emergencies to mental health. Yet, the adoption was slow, until now.



"The adoption of telemedicine shifted into hyper-drive over the past month, with virtual healthcare interactions on pace to top 1 billion by year's end."

~ Forrester Research

With the virus raging, barriers to telehealth services have quickly come down.

- <u>Easing of regulations</u> including use of consumer-friendly services like Skype or Zoom, addition of new provider types, and U.S. state modifying requirements for out-of-state physicians and preexisting provider-patient relationships
- Favorable <u>reimbursement updates</u> from CMS and private payers
- CMS added **<u>80 additional services</u>** to reimbursement schedule
- <u>Technology advancements</u> including upgrades to broadband infrastructure in rural America and internet-connected medical devices
- Canadian Medical Association is taking similar steps to remove regulatory and hegemonic professional barriers in Canada



Beyond COVID-19

Pandemic served as catalyst for rapid adoption of telehealth services

The many benefits of telehealth are expected to drive long-lasting and widespread transformation in healthcare including:

- Increase patient engagement and satisfaction
- Improve patient convenience, efficient postoperation follow-up
- Expand access to care for remote, at-risk, and rural patients
- Leverage limited physician resources
- Reduce costs of care delivery
- Lower hospital readmission rates
- Improve efficiency
- Provide access to specialty care
- Connect medical organizations into one virtual network
- Improve patient outcomes



"I think the genie's out of the bottle on this one. I think it's fair to say that the advent of telehealth has been just completely accelerated, that it's taken this crisis to push us to a new frontier, but there's absolutely no going back."

~Seema Verma, CMS Administrator





97%

Patients satisfied with their first telehealth experience and would recommend the program

Source: Harvard Business Review



1 million

Americans are using remote cardiac monitors

Source: American Telemedicine Association



<u>Virtual healthcare</u> Delivery of medical services and access to convenient care through use of digital technology

Healthcare Use Cases Include:

- Audio/video-conferencing
- eVisits email / secure messaging
- Electronic scheduling
- Remote patient monitoring
- Store-and-Forward Image and file uploads
- e-Prescriptions
- Integration with EHR systems
- Mobile health and education via apps
- Analytics and reports
- Billing and online payment





\$2,750

Healthcare providers saved almost \$2,750 per patient when using telehealth instead of inperson physical therapy when discharged after knee-replacement surgery.

Source: Veritas study, conducted by the Duke Clinical Research Group



Emergency virtual visits wind up "resolving the episode of care" without a trip to the emergency department (ED) or another site of care.

Source: Jefferson Health

Since the start of the pandemic, the use of telehealth services has increased by 50% nationwide, according to research by Frost and Sullivan consultants, and virtual interactions could reach nearly 1 billion by the <u>end of this year</u>, according to some analysts.



Telehealth Technology

Principal Components for Telehealth include:

- 1. Connectivity (Internet / Broadband)
- 2. Hardware
 - High Resolution Cameras
 - Microphones
 - Monitors
- 3. Software cloud, integrated with EHR, etc.
- 4. Live Videoconferencing (Synchronous)
 - Store and Forward (Asynchronous)
 - Remote Patient Monitoring (RPM)
 - Mobile Health (mHealth)
- 5. Digital medical devices
 - Vital Signs Monitors. Otoscopes, Stethoscopes, etc.





Health IT Infrastructure for Digital Connected Solutions

Health IT Infrastructure is struggling to support the volumes of data generated by telehealth, wearables, remote patient monitoring and IoT medical devices

Assess your infrastructure for vulnerabilities to ensure successful implementation of virtual health technology:

- 1. Build <u>redundancy</u> into your telehealth infrastructure to minimize disruption of patient care
 - Ensure dependable internet connection and bandwidth suitable for the data volume and high resolution imaging
 - Establish backup power protection for computers and network
 apparatus
 - Consider data sovereignty, data privacy, security and regulations
- 2. <u>Modernize</u> legacy infrastructure to support next generation of computational, storage and communication capabilities
 - Switches, Routers, Gateways
 - Storage infrastructure
 - Server Infrastructure
 - Edge gateways
 - Power and cooling infrastructure
 - Monitoring and management tools



Health IT Infrastructure for Digital Connected Solutions

Leverage on-premise edge infrastructure to create resource efficiency for clinicians, increasing productivity and decreasing cost per patient

- 3. Leverage the power of <u>edge computing</u> to support:
- Growing demand to collect, analyze, and secure healthcare IoT data at scale
- Turn video monitoring into actionable intelligence.
- Process real-time operational action triggers, and reduce IoT data storage and transport requirements
- Heavy data processing and analysis driven by big data or AI
- Al to help clinicians make faster and more informed decisions at the point of care.
- Creating data repositories using AI to help clinicians use more data at a faster rate to give more accurate diagnoses.
- 5G connections making it easier for people in rural communities to benefit from telemedicine, improve image quality and speed, utilize augmented and virtual reality experiences to treat patients



Typical Picture Archiving and Communications System (PACS)





Vertiv Health IT Infrastructure Solutions

Power • Thermal • IT Management • Edge Data Center



Power & IT Management Virtual Health Applications

Access devices in the same building, on campus, at a large site on the other side of the world or distributed across multiple small edge sites.



Vertiv Solutions for Rack & Small IT Infrastructure

<u>Modernize</u> legacy network closet and health IT infrastructure to support next generation of computational, storage and communication capabilities

	Power Protection Solutions					
Vertiv™ VR Rack	Liebert [®] PSI5™ 750-5,000 VA Line- Interactive UPS	Liebert [®] PSI5™ 1500-3000 VA Lithium- Ion Line-Interactive UPS	Vertiv™ Liebert® GXT5 500-10,000 VA Online Double Conversion UPS	Liebert® APS 5kVA - 20kVA Modular UPS	Liebert® ITA2 3PH 10kVA, 208V UPS	Liebert® EXS 3PH 10kVA, 208V UPS
	Power Distribution Solutions					
Vertiv [™] Geist [™]	Vertiv [™] Geist [™]	B B B B B B D D Basic Rack PDU	Vertiv [™] Geist [™] Monitored Rack PDU			
SwitchAir® Airflow Management Solution	5 STRIP 3 STRIP 2 STRIP 6 STRIP 4 STRIP 2 STRIP Vertiv [™] Geist [™] Metered Rack PDU		Vertiv [™] Geist [™] Switched Rack PDU Vertiv [™] Geist [™] Environmental			al Power
			Sensors	S		

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Vertiv Solutions for Health IT Infrastructure

<u>Modernize</u> legacy network closet and health IT infrastructure to support next generation of computational, storage and communication capabilities



Vertiv[™] Geist[™] SwitchAir® Airflow Management Solution for Network Equipment



Vertiv™ VRC Rack Cooling System, 3500 Watts



Thermal Management Rack / Small Room Solutions

Liebert[®] Mini-Mate, Ceiling-Mounted temperature, humidity control and air filtration Cooling System 3.5-28kW



Liebert[®] DataMate Mission Critical Cooling System, 5-10.5kW



Liebert[®] CRV In Row Cooling System, 19-40kW

Thermal Management Monitoring & Sensor Solutions



Vertiv[™] Environet[™] Alert

RTIV.





Vertiv™ Wireless Sensor Network



Vertiv[™] Geist[™] Environmental Monitors



Vertiv[™] Geist[™] Temperature, Humidity, Dew Point Sensor



Liebert[®] Point Leak Detection Sensors and Cable

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Vertiv Solutions for Health IT Edge Infrastructure

Server and Storage Racks and Modular Solutions for Telehealth, PACS, HIS, RIS Systems & 5G Applications





RTIV

Vertiv[™] XTE 801 Series Network Edge Enclosure



NetSure DC Power Solutions



NetSure DC Power System for Wireless Access



NetSure ITC DC Power Rack Solutions



NetSure DC Power Distribution Panel

Who to Target?

Hospitals • Outpatient Care • Retail Healthcare



Who to target?



HOSPITALS

- <u>Rural and community hospitals</u>
 implementing in emergency departments
- <u>Large hospital systems</u> including physicians, outpatient facilities, mHealth, post-surgery, chronic care management
- <u>Healthy hospital list</u> from Definitive Healthcare
- Hospitals receiving government <u>funding</u> from COVID / FCC



OUTPATIENT CARE

- Physicians offices owned by hospital systems
- Independent physician offices with <u>1-2 physicians</u>
- Physician groups with <u>100+ physicians</u> on staff
- Practices include <u>mental health</u>, <u>pediatrics</u>, and <u>general practice</u>
- <u>Therapy practices</u> including physical, occupational, and speech language
- Urgent care clinics and stand-alone emergency centers



RETAIL HEALTHCARE

- Rural retail health locations including:
 - o Walmart
 - o CVS / Target
 - o Walgreens
 - o Kroger
 - o ...

65% of physician practices with a telehealth solution already in place plan to make further investments. ~Definitive Healthcare "2019 Outpatient Telehealth Study"



In Summary

- The crisis has highlighted the <u>value of virtual health</u> including telehealth, telemedicine, and remote patient monitoring
- <u>Adoption rates are skyrocketing</u> among physicians and consumers -- once in single digits, now 10x what they were as practitioners are quickly scaling up their services to meet demand
- Use <u>case applications are continuing to expand</u> across the healthcare environment from mental health providers and physical therapists to small physician offices and large health systems
- Health IT demands are straining the IT Infrastructure and creating challenges:
 - IoMT devices are everywhere generating data in near real-time requiring near real-time response
 - Patient records, images and remote procedures and diagnostics have driven an explosion of data
 - Availability, efficiency and scalability are needed to drive down cost and improve patient and provider satisfaction
- Building a robust IT infrastructure will ensure seamless delivery of virtual health:
 - Build redundancy into your telehealth infrastructure
 - Modernize legacy infrastructure to support next generation of computational, storage and communication capabilities
 - Leverage the power of edge computing to support the capacity, availability, and speed requirements



Questions for Healthcare Providers

- Does the hospital have the <u>bandwidth</u> to support sustained, elevated demand for telehealth services?
- Are the telehealth systems integrated with the EHR and PACS systems? Does your network support the latency requirements for seamless integration?
- Is your telehealth platform on-premise or cloud-based, or a hybrid?
- Do you have a <u>backup power strategy</u> for all telehealth workstations, mobile carts, and network connections to prevent service disruption?
- Is your network able to consistently deliver the <u>quality</u>, <u>speed and availability</u> these services require to play a more significant role in patient care?
- Do you have a strategy in place to support the increased <u>data storage</u> requirements for remote patient monitoring, AI and asynchronous telehealth data?
- Are you compliant with <u>HIPAA privacy and security</u> rules regarding patient information and medical data as your providers switch between systems?
- Is your IT infrastructure <u>scalable</u> to support future facility expansions that require network expansion?
- Are you <u>controlling costs</u> while keeping up with evolving health care standards?
- Do you have the <u>resources and right skillsets</u> to support the increasing infrastructure demands?

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